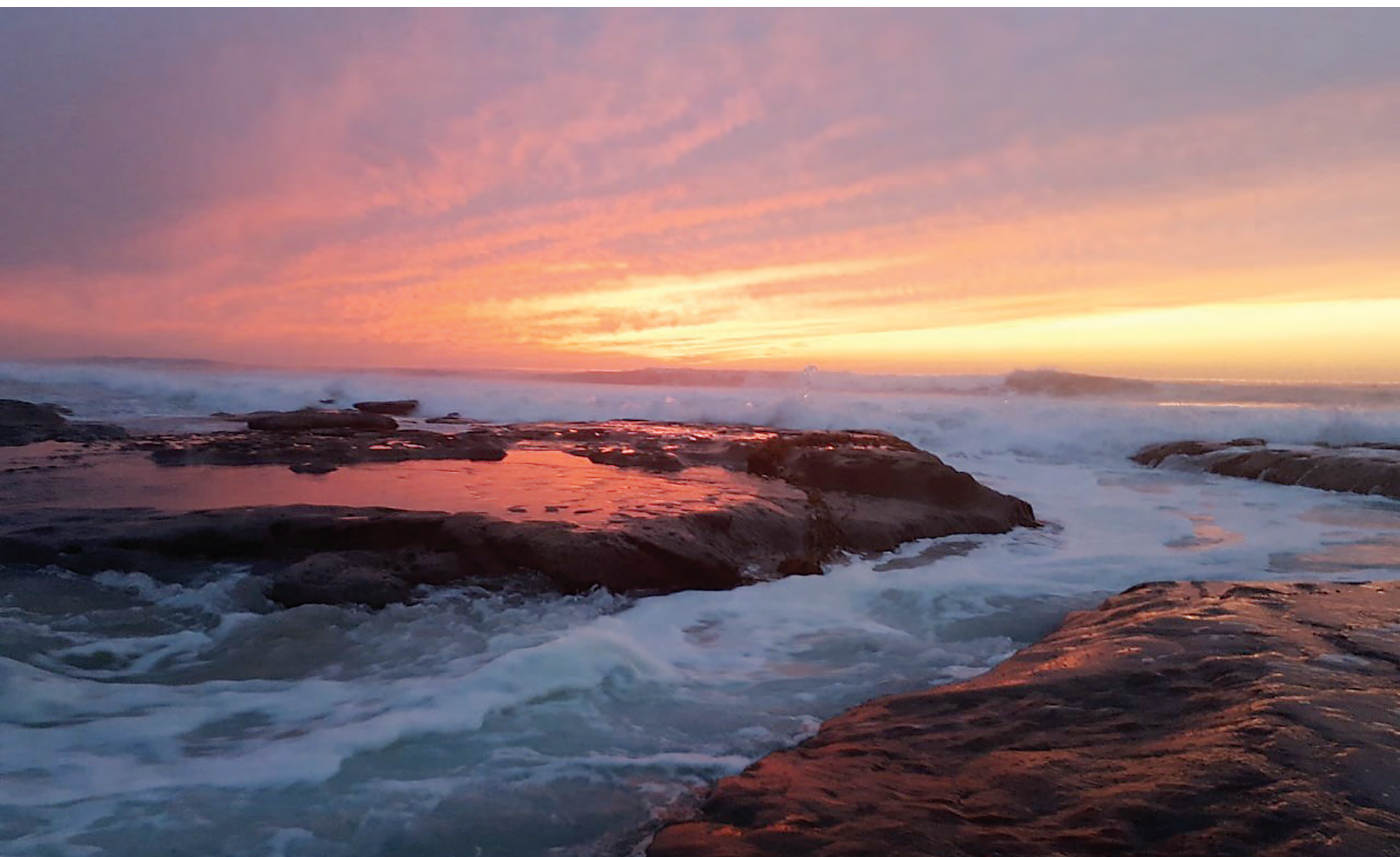


A cruise coup for Vancouver coming in 2019 **CRUISE C3**

escapade



A spectacular sunset in La Jolla California. PHOTO: TIFFANY THORNTON/FOR THE TELEGRAPH-JOURNAL

From City to Surf: San Diego

Awe-inspiring sunsets, rooftop pools, sea lions, museums and Little Italy are calling you to sunny California

TIFFANY THORNTON
FOR THE TELEGRAPH-JOURNAL

Any season is the right season for a trip to San Diego, California.

The sun always seems to shine and the Pacific Ocean glistens under its warm rays. San Diego is more spread out than you might imagine, yet it's easy to explore the fabulous array of attractions downtown.

There's the world-famous San Diego Zoo, the scenic harbour, the plethora of museums in historic Balboa Park, and that's barely scratching the surface. If you are in the mood for sand, surf, and the best fish tacos around, head to one of the many nearby beach towns that line the coast. Travellers looking for a bit more adventure can rent a funky beach cruiser and cycle along one of the many seaside trails that will inevitably lead to an awe-inspiring sunset. Chances are you will want to linger under the twilight sky while listening to the sound of the waves hit the shore.

A Classic Stay

The Westgate is truly a unique hotel in downtown San Diego; it was designed to reflect the elegant ambience of the Palace of Versailles in France. Entering the grand lobby is like stepping back in time with its Baccarat chandeliers and Persian carpets.

Even a 17th-century desk is part of the decor. A gold key leads you to your spacious suite. You won't want to leave when you soon discover that not only is the Westgate right in the heart of downtown, but it is also home to an

outdoor rooftop pool overlooking the city, a world-class brand new gym and AquaVie spa. Guests have free access to the spa facilities and lap pool; you can even pick up an old style phone for poolside food service. The menu-must is the hefty Kobe beef burger and fries. If you arrive at The Westgate on a Monday night, the swanky Plaza Bar is where you need to be. Locals from all over the city come to enjoy a signature cocktail and to listen to the Latin-inspired sound of musician Julio de la Huerta.

Beauty & Culture

Balboa Park is San Diego's urban oasis. The 1200-acre park is teeming with flora and fauna, a botanical garden, and fifteen museums. Meander over to the lily pond for the perfect photo opportunity, with the lagoon and Botanical Building as the backdrop. Head inside the Botanical Building and take in the over 2,100 plants and flowers, which range from orchids to towering palms. You'll need more than a day in Balboa Park to explore all the museums. Start with the San Diego Museum of Art, which is known for its vast collection of Spanish works, although you will still find a Renoir and a Matisse in the mix. The Museum of Natural History is another must.

Check out the Fossil Mysteries Exhibit and Coast to Cactus, which showcases the region's biodiversity. You can even sit down for an afternoon latté in the outdoor main square with its many bistro tables.

Italian Cheese Wheel

San Diego has its own Little Italy neighbourhood, where the smell of wood-oven pizza wafts through the streets on every corner, and someone somewhere is making fresh pasta by hand.

PLEASE SEE → **SURF, C6**



The outdoor heated pool at The Westgate hotel. PHOTO: TIFFANY THORNTON/FOR THE TELEGRAPH-JOURNAL



Yummy Eggs Benedict and smoked salmon at The Grande Colonial hotel. PHOTO: TIFFANY THORNTON/FOR THE TELEGRAPH-JOURNAL



Homemade gelato from Monello. PHOTO: TIFFANY THORNTON/FOR THE TELEGRAPH-JOURNAL



Sea lions lounging on La Jolla beach. PHOTO: TIFFANY THORNTON/FOR THE TELEGRAPH-JOURNAL

escapade



Indulging in the Kobe burger poolside at the Westgate Hotel.

PHOTO: TIFFANY THORNTON/FOR THE TELEGRAPH-JOURNAL



Beautiful Balboa Park. PHOTO: TIFFANY THORNTON/FOR THE TELEGRAPH-JOURNAL

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National Grand Canyon, Lake Powell, Mesa Verde cliff dwellings & Zion Nat'l Park
March 20 - 31, 2018

- Airfare from airports in the Maritimes to Phoenix, Arizona returning from Las Vegas, Nevada 6 night premium accommodations: 2N Scottsdale, 2N Grand Canyon, 2N Lake Powell, 2N Mesa Verde National Park, 1N Zion National Park, 2N Las Vegas
- 17 Meals; Breakfast daily (11), 1 Lunch & 5 Group Dinners
- Deluxe private motorcoach transportation between Phoenix, Arizona to Las Vegas, Nevada for the duration of the tour
- 1/2-day guided tours of Phoenix/Scottsdale AZ, Grand Canyon National Park, Zion National Park & Mesa Verde National Park
- Guided boat tour on Lake Powell
- Popular show in Las Vegas (Show TBA)

DBL \$3895pp \$4995pp TAX INC.
SAVE \$200/CPL
ONLY 6 SEATS LEFT

12-DAY ICEBERGS & WHALES NEWFOUNDLAND DISCOVERY
June 15 - 26, 2018

- Premium roundtrip motorcoach transportation
- Private sleeper cabin for Nova Scotia-Newfoundland ferry crossings (North Sydney to Argentia and Port Aux Basques to North Sydney)
- 11 nights deluxe hotel accommodations: 2N St. John's, 1N Clarendville, 2N Gander, 2N Cowhead, 1N St. Anthony, 1N Red Bay, Labrador
- 19 meals: 9 breakfasts, 4 lunches, 6 group dinners
- 2 professionally-guided sightseeing tours: St. John's and Cornerbrook
- 2 sightseeing cruises: Whale & Puffin Cruise, Bay Bulls, Twillingate's "Iceberg Alley"
- Admission to all parks & attractions including: Signal Hill, Cape Spear National Historic Area, Gros Morne National Park, Port Aux Choix Historic Area, L'Anse aux Meadows (Viking settlement), The Matthew Replica II and the Prime Berth Fishing Museum

DBL \$3320pp \$3195pp TAX INC.
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13-DAY HIGHLIGHTS OF IRELAND
July 10 - 22, 2018

- Airfare Included
- 11 Nights Premium Centrally-Located Hotels; 3N Dublin, 2N Galway, 2N Kerry, 2N Belfast, 1N Cork, 1N Donegal
- 16 meals: Breakfast daily & 5 Dinners
- Professionally-guided tours in Dublin, Ring of Kerry, Belfast, & Derry
- Deluxe motor coach transportation Ireland, including airport transfers
- 90-minute cruise on River Corrib with Irish Coffee included
- Entrance to Blarney Castle (kiss the stone!)
- Waterford Crystal Museum. World-renowned glassworks since 1783
- Giant's Causeway. Unique seaside column formations, the result of an ancient volcanic eruption, home to many stories of folklore and Gaelic mythology
- Beleek Pottery Museum. World-renowned pieces known for their common shamrock motif adored by many since 1858 including Royals Queen Victoria and now Prince Charles among others
- Bunratty Castle in Irish, means "river basin" of the "Ratty" river. The river, alongside the castle, flows into the nearby Shannon estuary. Although settled over 1000 years the current castle was built around 1425.
- Titanic Museum, Belfast. Opened in 2012 has quickly become one of Northern Ireland's leading attractions

DBL \$3495pp \$5245pp TAX INC.
SAVE \$500/CPL
ONLY 11 SEATS LEFT

14-DAY CHERRY BLOSSOM & MYRTLE BEACH TOUR
April 3 - 16, 2018

- 13 Nights Premium Hotels; 3N Myrtle Beach, 3N Washington, 2N Colonial Williamsburg, 2N Lancaster, 1N Cherry Hill, 2N Maine
- 19 Meals: Breakfast daily, 1 traditional lunch in Arish Country and 5 Group Dinners
- Entrance to George Washington Estate and Gardens
- Guided tour of Washington DC with highlights including: Jefferson Memorial, Capitol Building, Tomb of the Unknown Soldier, Arlington National Cemetery and more!
- Evening Illuminations Tour in Washington DC. See the blossoms and monuments in a whole new light!
- Viewing of "Williamsburg: The Story of a Patriot"
- Guided tours of Williamsburg Historic area during peak bloom & the site of the Battle of Gettysburg

DBL \$3450pp \$3195pp TAX INC.
SAVE \$510/CPL

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Ultimate Beverage Package & Pre-Paid Shipboard Gratuities

28-DAY AUSTRALIA & SOUTHEAST ASIA PREMIUM CRUISE TOUR
February 8 - March 7, 2019

- Flight from the Maritimes to Sydney, Australia and from Singapore to the Maritimes
- 2N (pre-cruise) Sydney, 2N (post-cruise) Singapore, 2N (1N pre-cruise & 1N post-cruise)Vancouver
- 20-Day cruise from Sydney, Australia to Singapore with ports of call in: Newcastle, Brisbane, Airlie Beach, Cairns (overnight) and Darwin, Australia, Komodo, Bali (overnight) and Semarang, Indonesia
- Half-day professionally guided tours of Sydney & Singapore
- Welcome Dinner in Sydney
- Buffet breakfast daily (pre & post cruise)
- Farewell dinner in Singapore
- Breakfast, lunch and dinner daily during cruise
- Pre-paid NCL onboard cruise gratuities
- Ultimate Beverage Package onboard Norwegian Jewel
- 2 Private At-Sea Cocktail Receptions & 6 On-Board Group Dinners

SAVE UP TO \$1000/CPL
MID-SHIP INSIDE STATEROOM \$9495pp \$9995pp TAX INC.

13-DAY ALASKA LAND & CRUISETOUR
August 5 - 17, 2018

- Flights from the Maritimes to Vancouver, BC return from Anchorage, AK
- 4 nights accommodations. 1N pre-cruise Vancouver Fairmont Waterfront Hotel, 2N post-cruise in Talkeenta Lodge, 1N post-cruise in Anchorage Hilton, AK
- 8-Day Cruise aboard Norwegian Jewel from Vancouver, BC to Seward, AK with ports of call at Ketchikan, Juneau & Skagway, AK plus Glacier Bay & Hubbard Glacier
- 30 Meals: 11 Breakfasts, 8 Lunches & 11 Dinners including all meals aboard 8-Day cruise, and 5 Group dinners
- Visit Iditarod Headquarters and Alaska Wildlife Conservation Center
- Full-day Denali History Tour in Denali National Park, home of the 20,310-ft.-high Denali (formerly Mount McKinley), North America's tallest peak; and numerous wildlife
- 1/2 day guided city tours of Vancouver & Anchorage
- All Transfers Included
- Port taxes and fees included
- Services of an experienced cruise & tour manager with you every step of the way

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City to Surf: San Diego

SURF → C1

The reality is who doesn't love Italian food, but what about Italian food inspired by Milan, featuring pasta served up in an aged cheese wheel, enhancing the tantalizing flavors. Monello restaurant does just that, and every day of the week you can indulge in different flavoured pasta swirled around in a cheese wheel. On Wednesdays, tempt your palette with a bowl of steaming Risotto. Don't leave without a sweet taste of the homemade pistachio gelato.

To the Beach We Go

La Jolla is a short drive from downtown San Diego, yet it feels so different with a real California/Pacific vibe. The ocean crawls up toward the shore everywhere you turn. Nothing beats slumbering by the sea; you can do just that at the Historic Grande Colonial Boutique Hotel built in 1913. It exudes old world charm from the moment the bellman greets you. Snag an airy ocean-view room and wake up to the quintessential California image of palm trees and blue waters. Guests can rent a California cruiser bike from the hotel for \$4 an hour (\$20 for the whole day), and head out along the stunning coastal drive past the rugged cliffs and coastline teeming with seals. The seals are mere minutes from the hotel, having taken over the former "Kids Beach" in La Jolla Cove, where they spend their days lazing around on the sandy shores.

If it's more sea creatures you are after then head past the seals to discover the dozens of sea lions hanging out on the rocks. They are there every day; you can't miss them with their loud barking. You are guaranteed a one-of-a-kind sea lion selfie.

Scrumptious Delights

The Grande Colonial Hotel's NINETEN restaurant is the ideal spot for a fine dining night on the town. Award-winning Chef Jason Knibb draws his culinary creativity from locally sourced ingredients using a farm-to-table approach. The result is a mix of dishes with flavours that seem to dance off the plate, like the perfectly moist prime beef short rib, surrounded by chanterelle mushrooms, colourful roasted turnips and kale chips. Savor the taste and then say adieu to another lovely San Diego night with an Angry Duck Cocktail – a refined concoction of gin, Americano, Cointreau and Vermouth.

Answer to puzzle on page C2.

OKRA	INCAS	AMPS	SHAME
COAT	FALLS	TORT	AURAL
TAKES	KATE	TREAT	TETRA
ELECT	ERA	RANGIO	DIN
TARRE	DARTER	INSOLENT	
OWE	SAL	ASE	NICER
THAW	NAT	ROAMER	MEMORA
BEN	ATBAT	ALES	SEN
GANDI	ERSARD	INE	ADAPTS
VEIL	LALIAS	MLI	TREE
MELT	SSMELT	AMBER	BREAM
AHIT	USA	UYEAS	RIPS
CODONS	KIPPER	SSKIPPER	
OAS	NOR	ESSIE	ITE
PATRON	TARPON	YON	LEST
USAIN	AME	AUG	EKE
PANDERTO	FRI	TENDRE	DFIN
ARK	SERGES	NEU	GUAVA
TUTOR	ROUT	TRAPS	SPRAT
ELOPE	USMC	MELLE	TENT
SEPTA	NOISH	TISERE	ODAY



Risotto served up in a cheese wheel at Monello.

PHOTO: TIFFANY THORNTON/FOR THE TELEGRAPH-JOURNAL



A view of the historic Grande Colonial Hotel.

PHOTO: TIFFANY THORNTON/FOR THE TELEGRAPH-JOURNAL



An ocean view from one of the suites at the Grande Colonial hotel La Jolla.

PHOTO: TIFFANY THORNTON/FOR THE TELEGRAPH-JOURNAL